

Emotional Intelligence

VIRTUAL TRAINING

WHEN

*August 14, 2025
11:00 AM – 12:30 PM*

PROGRAM FEE

MHEI Member: \$30

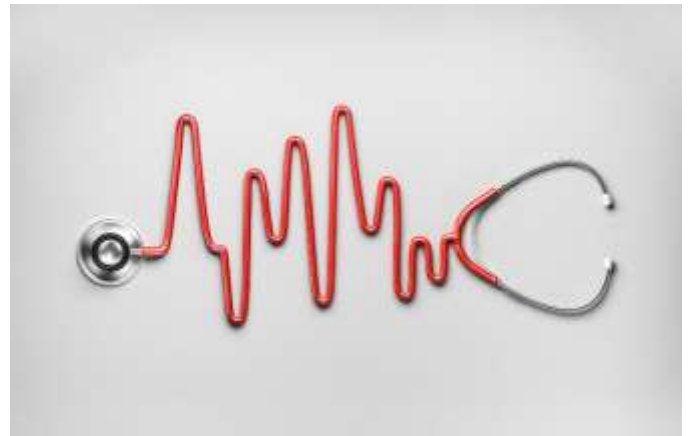
*Registration is available to MHEI Members
ONLY*

REGISTER

To register, please visit MHEI.org. After you register, you will receive the virtual training log-in instructions including meeting ID and password information.

*Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239
kyost@mhei.org*

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Program Overview

This session focuses on developing EI skills in leaders to enhance their ability to manage emotions, build strong relationships and foster a positive work environment. EI is a critical influence on decision making, team dynamics, conflict resolution and overall organization success.

Program Objectives

1. Recognize the impact of EI on leadership effectiveness and workplace culture
2. Learn techniques to manage stress, stay composed, and make balanced decisions
3. Strengthen interpersonal skills to build trust and collaboration

About the Speaker

KATRINA COLEMAN, BSN, MSN

Over the past 25+ years, Katrina has consulted and coached hundreds of managers in developing and implementing key skills to create focus on achieving goals and easing their busy schedules. Katrina is a master's prepared nurse and an ATD-Certified Coach.