

VIRTUAL TRAININGS

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Leading From The Middle

January 23, 2025 – 12:00pm – 1:00pm

You are good at your job, at the tasks you've been trained to do, and at the craft you have spent years honing, so you get promoted to a formal leadership position—a leadership position that sits in the middle of the organization. Does this describe you, or maybe leaders in your organization? You are not alone! Join MHEI and leaders from organizations around the state of Maryland in this 1-hour discussion as we share similar experiences of challenges and best practices to make an impact from the middle.

Dealing with Change

February 27, 2025 – 12:00pm – 1:00pm

If you are being bombarded with changes in your department and organization and struggling to 'manage' change, MHEI is here to tell you that change cannot be 'managed'. You can lead through change and leverage change, but change cannot be managed. In this 1-hour discussion, MHEI will facilitate a discussion around change and its impact on your organization, department and staff.

Accountability Issues

March 27, 2025 – 12:00pm – 1:00pm

Your organization is dealing with a decrease in resources, including a decrease in the workforce and an increase in demand from multiple sources. Staff and leaders are being stretched thin as all of us are being asked to do more with less. In these circumstances, how do we hold staff accountable? What do we hold them accountable to? Do we allow some things to "slide"? What if we hold them accountable and they leave or threaten to leave? In this 1-hour session, we will discuss the challenges of holding ourselves & others accountable in today's challenging environment.

Stay Interviews

May 20, 2025 – 12:00pm – 1:00pm

Are you in search of a way to retain top talent and reduce turnover? Stay Interviews is an evidenced-based tool that helps you to do just that! The goal of a stay interview is to identify ways to improve employee engagement and retention, and to address issues before they become a problem. Join us for this 1-hour session as we explore these employee-centered conversations that can build trust and help drive job satisfaction.

About the Speaker

KATRINA COLEMAN, BSN, MSN

Over the past 25+ years, Katrina has consulted and coached hundreds of managers in developing and implementing key skills to create focus on achieving goals and easing their busy schedules. Katrina is a master's prepared nurse and an ATD-Certified Coach.