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# VIRTUAL TRAININGS

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Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239 kyost@mhei.org

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# About the Speaker

#### KATRINA COLEMAN, BSN, MSN

Over the past 25<sup>+</sup> years, Katrina has consulted and coached hundreds of managers in developing and implementing key skills to create focus on achieving goals and easing their busy schedules. Katrina is a master's prepared nurse and an ATD-Certified Coach.

#### Leading From The Middle

#### January 19, 2024 – 12:00pm – 1:00pm

You are good at your job, at the tasks you've been trained to do, and at the craft you have spent years honing, so you get promoted to a formal leadership position—a leadership position that sits in the middle of the organization. Does this describe you, or maybe leaders in your organization? You are not alone! Join MHEI and leaders from organizations around the state of Maryland in this 1-hour discussion as we share similar experiences of challenges and best practices to make an impact from the middle.

### Managing Change – NOT

#### February 16, 2024 – 12:00pm – 1:00pm

If you are being bombarded with changes in your department and organization and struggling to 'manage' change, MHEI is here to tell you that change cannot be 'managed'. You can lead through change and leverage change, but change cannot be managed. In this 1-hour discussion, MHEI will facilitate a discussion around change and its impact on your organization, department and staff.

## Accountability

#### March 22, 2024 – 12:00pm – 1:00pm

Your organization is dealing with a decrease in resources and an increase in demand from multiple sources. Staff are being stretched thin as they are asked to do more with less. We as leaders are being asked to do more with less. In these circumstances, how do we hold staff accountable? What do we hold them accountable to? In this 1-hour session, we will discuss the challenges of holding ourselves and others accountable in today's challenging environment.

